



**HEALTHY WOMAN**  
A NORTHWEST HEALTH SYSTEM RESOURCE

Join us for our next **FREE** Healthy Woman event!

“Early Disease Detection”

Friday, December 11th  
Noon to 1 p.m.

Bonefish Grill  
3201 Market Street  
Rogers, AR 72758

**Presented By:**  
Allison Johnson, M.D.  
Internal Medicine Physician

Lunch is provided **FREE** of charge.

**Lunch Menu Options:**

1. Grilled Chicken
2. Shrimp and Scallop Skewers
3. Grilled Salmon

*\*All lunch options include a side of jasmine rice, salad and a drink.  
Please note your lunch choice when you RSVP.*



Seating is limited. A reservation is required for all Healthy Woman events. **To register, call 1-800-734-2024.**  
For more information or to join Healthy Woman, visit [www.northwesthealth.com](http://www.northwesthealth.com).